

Québec Cannabis Survey – 2021

Questionnaire Anglais

Direction des enquêtes de santé Mars 2021 Preamble 1 In this study when we use the term cannabis, this includes marijuana (pot, weed), hashish (hash), liquid extracts or concentrates (cannabis oil), solid extracts or concentrates (shatter, budder, wax) or any other products made from the cannabis plant, but not synthetic cannabinoids (Spice, K2, Yucatan Fire, etc.).

READ AS NEEDED: Synthetic cannabinoids are manufactured in laboratories and are often sprayed onto dried plant material, mimicking certain effects of cannabis.

When we ask about cannabis use, this includes smoking it, vaping it, eating it in an edible product, or consuming it in any other way, whether for medical or non-medical purposes.

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Adapté par l'ISQ.

SECTION 1 – PERCEPTIONS AND ATTITUDES TOWARDS CANNABIS

Let's start with some questions you must answer based on your personal opinion.

Q1 How socially acceptable do you think it is for a person to use occasionally...

INSTRUCTION: Read all the response choices.

		Completely acceptable	Somewhat acceptable	Somewhat unacceptable	Completely unacceptable	No opinion	Don't know	Refuse to answer
Q1a	Cannabis for non-medical purposes?	1	2	3	4	5	8	9
Q1b	Alcohol?	1	2	3	4	5	8	9
Q1c	Tobacco?	1	2	3	4	5	8	9

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q2a In your opinion, does using cannabis impair one's ability to drive or operate a motor vehicle (e.g. car, motorcycle, snowmobile, motor boat or all-terrain vehicle (ATV))?

INSTRUCTION: Read all the response choices.

- 1 Yes
- 2 No
- 3 It depends
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 1.

Si Q2a = $3 \rightarrow Q2b$

Sinon \rightarrow Q3

Q2b What does it depend on?

INSTRUCTION: Read all the response choices and suggest a yes or no answer. Select all that apply.

- 1 On the quantity used
- 2 On the individual that used cannabis
- 3 On the THC or CBD content of the cannabis used
- 4 Other factor(s)
- 8 Don't know
- 9 Refuse to answer

Q3 In your opinion, how much do people risk harming themselves when they use cannabis... INSTRUCTION: Read all the response choices.

		No risk	Slight risk	Moderate risk	Great risk	Don't know	Refuse to answer
Q3a	occasionally, that is, less than once a week?	1	2	3	4	8	9
Q3b	regularly, that is, once a week or more often?	1	2	3	4	8	9

Source : Santé Canada. Enquête canadienne sur le tabac, l'alcool et les drogues chez les élèves, 2016-2017 (ECTADÉ). Questions adaptées par l'ISQ.

Q4 As far as you know, can cannabis use be addictive for some people? INSTRUCTION: Read all the response choices.

- 1 Yes
- 2 No
- 3 Don't know
- 9 Refuse to answer

Source: Enquête nationale sur le cannabis, 2019, question CAN_Q54G

Q5 In your opinion, what percentage of people your age use cannabis (occasionally or regularly) in Québec? INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Less than 10%
- 2 10% to 29%
- 3 30% to 49%
- 4 50% to 69%
- 5 70% to 89%
- 6 90% or more
- 8 Don't know
- 9 Refuse to answer

Source : Inspirée de Santé Canada, Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q6 In your opinion, how many people you know (friends, acquaintances, colleagues and family members) use cannabis (occasionally or regularly)?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 All of them
- 2 Most of them
- 3 About half of them
- 4 Some of them
- 5 None of them
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

- Q7 In the past 12 months, have you been a passenger in a motor vehicle (e.g., car, motorcycle, snowmobile, motor boat or all-terrain vehicle (ATV)) driven by someone who had used cannabis within 2 hours before driving?
 - 1 Yes
 - 2 No
 - 8 Don't know
 - 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

SECTION 2 – CANNABIS USE

Q8 During your lifetime, have you ever used cannabis?

- 1 Yes
- 2 No \rightarrow Preamble 3
- 8 Don't know → Preamble 3
- 9 Refuse to answer → Preamble 3

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q9A How old were you when you first used cannabis?

Enter age \rightarrow Q10

998 Don't know

999 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q9B Could you indicate which age category you were in when you first used cannabis?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Under 12 years
- 2 12 to 15 years
- 3 16 to 17 years
- 4 18 to 20 years
- 5 21 to 24 years
- 6 25 to 29 years
- 7 30 to 34 years
- 8 35 years or over
- 98 Don't know
- 99 Refuse to answer

Q10 In the past 12 months, have you used cannabis?

- 1 Yes
- 2 No \rightarrow Q36
- 8 Don't know → Q36
- 9 Refuse to answer → Q36

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q11 In the past 12 months, how often did you typically use cannabis?

INSTRUCTION: Read all the response choices.

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q12 Now that more SQDC branches are open in the province, have you been more likely to use cannabis or increase your consumption in the past 12 months?

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source: Enquête nationale sur le cannabis, 2018, question CAN_Q50A. Question adaptée par l'ISQ.

Q13 Now that **new cannabis products** are available in official retailers such as the SQDC, in the **past 12 months** have you been more likely...

		Yes	No	Don't know	Refuse to answer
Q13a	to use cannabis or increase your consumption?	1	2	8	9
Q13b	to consume different types of cannabis products?	1	2	8	9

Source: Enquête nationale sur le cannabis, 2018, questions CAN_Q50A et CAN_Q50B. Questions adaptées par l'ISQ.

Q14 In the past 12 months, did you use the following <u>methods</u> to consume cannabis (the method is the way the cannabis is consumed)?

		Yes	No	Don't know	Refuse to answer
Q14a	You smoked it in a joint, bong, pipe or blunt	1	2	8	9
Q14b	You dabbed it including with a hot knife, needle or nail	1	2	8	9
Q14c	You vaped it in e-liquid form (e.g. with an e-cigarette)	1	2	8	9
Q14d	You vaporized it (e.g. with a stationary vaporizer or a portable vaporizer)	1	2	8	9
Q14e	You ate it in food (e.g. brownies, cakes, cookies, candy)	1	2	8	9
Q14f	You drank it (tea, cola, alcohol or other drinks)	1	2	8	9
Q14g	You ingested it in a pill, softgel or capsule	1	2	8	9
Q14h	You consumed it as oral drops or with an oral spray	1	2	8	9

Sources : Santé Canada, *Enquête canadienne sur le cannabis*, 2017 et *Enquête canadienne sur le tabac, l'alcool et les drogues* (ECTAD), 2017, question CAN_Q032. Questions adaptées par l'ISQ.

Q14i In the **past 12 months**, did you use any other <u>method</u> than those previously mentioned to consume cannabis(the method is the way the cannabis is consumed)?

- 1 Yes, please specify
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q15 In the past 12 months, did you use the following forms of cannabis (the form is the cannabis product that is consumed)?

		Yes	No	Don't know	Refuse to answer
Q15a	Dried flowers or leaves, buds	1	2	8	9
Q15b	Hashish or kief	1	2	8	9
Q15c	Liquid extracts or concentrates (e.g. cannabis or hash oil or extract such as rosin or distillate, oil cartridges, disposable vape pens)	1	2	8	9
Q15d	Solid extracts or concentrates excluding hashish (e.g. dabs, shatter, budder, wax)	1	2	8	9
Q15e	Food products	1	2	8	9
Q15f	Beverages	1	2	8	9

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q15g In the past 12 months, did you use cannabis in any other <u>form</u> than those previously mentioned (the form is the cannabis product that is consumed)?

- 1 Yes, please specify
- 2 No
- 8 Don't know
- 9 Refuse to answer

Filtre 2.

Si Q15a = $1 \rightarrow + 1$

Sinon \rightarrow Filtre 3

Q16a In the **past 12 months**, how often did you use cannabis in the form of dried flowers or leaves, buds? INSTRUCTION: Read all the response choices.

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 3.

Si Q15b = $1 \rightarrow + 1$ Sinon \rightarrow Filtre 4

Q16b In the past 12 months, how often did you use cannabis in the form of hashish or kief?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 4.

Si Q15c = $1 \rightarrow + 1$ Sinon \rightarrow Filtre 5

Q16c In the **past 12 months**, how often did you use cannabis in the form of liquid extracts or concentrates (e.g. cannabis or hash oil or extract such as rosin or distillate, oil cartridges, disposable vape pens)?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 5.

Si Q15d = $1 \rightarrow + 1$ Sinon \rightarrow Filtre 6 **Q16d** In the **past 12 months**, how often did you use cannabis in the form of solid extracts or concentrates excluding hashish (e.g. dabs, shatter, budder, wax)?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 6.

Si Q15e = $1 \rightarrow + 1$ Sinon \rightarrow Filtre 7

Q16e In the past 12 months, how often did you eat cannabis edibles?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 7.

Si Q15f = $1 \rightarrow + 1$ Sinon \rightarrow Q17a

Q16f In the past 12 months, how often did you drink cannabis products?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q17a Overall, has your cannabis use been affected by the COVID-19 pandemic?

INSTRUCTION: In Québec, the COVID-19 pandemic began on March 13, 2020, with the declaration of a public health emergency throughout Québec

- 1 Yes \rightarrow Q17b
- 2 No \rightarrow Q18
- 8 Don't know \rightarrow Q18
- 9 Refuse to answer \rightarrow Q18

Q17b How has your cannabis use been affected by the COVID-19 pandemic? Your cannabis use...

- 1 has increased because of the COVID-19 pandemic
- 2 has decreased because of the COVID-19 pandemic
- 8 Don't know
- 9 Refuse to answer

Q18 In the past 12 months, what did you mainly use...?

INSTRUCTION: Read all the response choices.

- 1 Product(s) containing solely THC
- 2 Product(s) containing more THC than CBD
- 3 Product(s) containing as much THC as CBD
- 4 Product(s) containing more CBD than THC
- 5 Product(s) containing solely CBD
- 6 You don't know
- 9 Refuse to answer

Source : Institut de la statistique du Québec, Enquête québécoise sur le cannabis, 2019.

Q19 In the past 12 months, where did you get the cannabis you used?

INSTRUCTION: Read the response choices and suggest a yes or no answer. Check all that apply.

- 1 It was grown by me or for me
- 2 From a third party such as a family member, friend or acquaintance
- 3 At the Société québécoise du cannabis (SQDC), online or in store
- 4 At an official retailer in another province
- 5 From a Health Canada licensed producer
- 6 From a dispensary or compassion club
- 7 From an illegal supplier (dealer or black market)
- 8 Other, please specify
- 98 Don't know
- 99 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 8.

Si âge au moment de l'enquête $< 21 \rightarrow$ Filtre 10 Sinon Q20

Q20 In the past 12 months, what percentage of the cannabis you purchased came from the SQDC? INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 0%
- 2 1% to 24%
- 3 25 % to 49 %
- 4 50 % to 74 %
- 5 75 % to 99 %
- 6 100 %
- 8 Don't know
- 9 Refuse to answer

Source : Institut de la statistique du Québec, Enquête québécoise sur le cannabis, 2019.

Filtre 9.

Si Q20 = $6.8.9 \rightarrow \text{Filtre } 10$ Sinon Q21

Q21 In the past 12 months, for what reason(s) did you not purchase all or part of that cannabis at the SQDC?

		Yes	No	Don't know	Refuse to answer
Q21a	Prices	1	2	8	9
Q21b	Lack of products containing the desired amount of THC and/or CBD	1	2	8	9
Q21c	Lack of products sold as edibles or other forms	1	2	8	9
Q21d	To leave no trace of the purchase or to not be identified as a consumer	1	2	8	9
Q21e	Access challenges (e.g. opening hours, wait times, stores too far away, no Internet access)	1	2	8	9

Source : Enquête nationale sur le cannabis, 2018, question CAN_Q30 et Santé Canada. Enquête canadienne sur le cannabis, 2017. Questions adaptées par l'ISQ.

Q21f Are there any other reasons why you did not purchase all or part of that cannabis at the SQDC?

- 1 Yes, please specify
- 2 No
- 8 Don't know
- 9 Refuse to answer

Filtre 10.

Si Q19M1 = 7 ou Q19M2 = 7 ou Q19M3 = 7 ou Q19M4 = 7 ou Q19M5 = 7 ou Q19M6 = 7 ou Q19M7 = 7 ou Q19M8 = 7 \rightarrow Q22a

Sinon \rightarrow Q23

Q22a When you last purchased cannabis **from an illegal supplier** (dealer or black market), what form of cannabis did you **mainly** buy? Include only the last **purchase**. Do not include gifts or barters.

INSTRUCTION: Read all the response choices.

- 1 Dried flowers or leaves, buds
- 2 Hashish or kief
- 3 Liquid extract or concentrate (e.g. cannabis or hash oil or extract such as rosin or distillate, oil cartridges, disposable vape pens)
- 4 Solid extract or concentrate excluding hashish (e.g. dabs, shatter, budder, wax)
- 5 Food products
- 6 Beverages
- 7 Autre
- 8 Don't know
- 9 Refuse to answer

Source : Institut de la statistique du Québec, Enquête québécoise sur le cannabis, 2019.

Filtre 11.

Si Q22a = $1 \rightarrow$ Q22b Sinon \rightarrow Q23

Q22b How much (\$) did you pay for that purchase of dried flowers, leaves, or buds?

Enter amount_____\$

99999999 Don't know 99999999 Refuse to answer

Source: Approche participative pour le prix du cannabis, 2018, question 1. Question adaptée par l'ISQ.

Q22c What quantity of this product, in grams, did you get for that amount?

INSTRUCTION: Please use a period (.) rather than a comma (,) as a decimal separator.

Do not enter fraction: $\frac{1}{4}$ g = 0.25 $\frac{1}{2}$ g = 0.5 $\frac{3}{4}$ g = 0.75

If you know the quantity purchased in ounces (oz.), please use the following equivalences, and answer in grams:

1/8 oz. = 3.5 g 1/4 oz. = 7 g 1/2 oz. = 14 g 1 oz. = 28 g

Enter quantity

99998 Don't know

99999 Refuse to answer

Source: Approche participative pour le prix du cannabis, 2018, question 1. Question adaptée par l'ISQ.

Q23 What is the main reason you've used cannabis in the past 12 months?

INSTRUCTION: Read all the response choices.

- 1 For medical use
- 2 For non-medical use
- 3 For both medical use and non-medical use
- 8 Don't know
- 9 Refuse to answer

Source : Enquête nationale sur le cannabis, 2020, question CAN_Q17. Question adaptée par l'ISQ.

Filtre 12.

 $Si Q23 = 2.8.9 \rightarrow + 1$

Sinon \rightarrow Q25

Q24 In the past 12 months, have you used cannabis to treat a health problem or relieve symptoms?

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Q25 In the past 12 months, did you have a medical document from a doctor to use cannabis?

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Filtre 13.

Si Q23 = 1,3 **OU** Q24 =
$$1 \rightarrow +1$$

Sinon \rightarrow Q27

Q26 For what health problem(s) or symptoms did you use cannabis in the past 12 months? INSTRUCTION: Read the response choices and suggest a yes or no answer. Check all that apply.

- 1 Chronic pain (arthritis, back pain or migraine)
- 2 Nausea or vomiting
- 3 Lack of appetite or weight loss
- 4 Depression
- 5 Multiple sclerosis, amyotrophic lateral sclerosis, spinal cord injury
- 6 Epilepsy
- 7 Anxiety or nerves
- 8 Glaucoma
- 9 Insomnia
- 10 Post-traumatic stress syndrome
- 11 Drug addiction or withdrawal from another substance
- 12 Other, please specify
- 98 Don't know
- 99 Refuse to answer

Source: Enquête canadienne sur le tabac, l'alcool et les drogues, 2017 (ECTAD), question CAN_Q066. Question adaptée par l'ISQ.

Q27 In the past 12 months, where have you used cannabis?

INSTRUCTION: Read the response choices and suggest a yes or no answer. Check all that apply.

- 1 <u>Inside</u> a private home (also applies if your home is your place of work)
- 2 <u>Outside</u> a private home for example in a backyard or on the balcony (also applies if your home is your place of work)
 - 3 At a concert, sports event, festival, etc.
 - 4 Inside or outside a bar or restaurant
 - 5 Inside or outside a secondary school, CEGEP/college, or university
 - 6 Inside or outside your workplace (does not apply if your home is your place of work)
 - 7 Inside a car
 - 8 At an outdoor public place (street, park, alley, etc.)
 - 9 In nature (in the woods, while camping, fishing, etc.)
 - 10 Other, please specify
 - 98 Don't know
 - 99 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q28 In the past 12 months, who did you use cannabis with?

INSTRUCTION: Read the response choices and suggest a yes or no answer. Check all that apply.

- 1 While alone
- 2 Spouse or partner
- 3 Family member(s) or relative(s)
- 4 Friend(s)
- 5 Co-workers(s)
- 6 Stranger(s)
- 7 Dealer(s)
- 8 Other, please specify
- 98 Don't know
- 99 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q29 In the past 12 months, how many times have you driven a motor vehicle (e.g. car, motorcycle, snowmobile, motor boat or all-terrain vehicle (ATV)) within 2 hours of using cannabis?

INSTRUCTION: Read all the response choices

- 1 Never
- 2 Less than once a month
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 6 Not applicable, does not drive
- 8 Don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q30 In the past 12 months, how often did you use cannabis just before your work or study day or while working or studying (in person or remotely)?

CONSIGNE: Lire tous les choix de réponse

- 1 Never
- 2 Sometimes
- 3 Often
- 4 Always or almost always
- 5 Not applicable, did not work or did not study
- 8 Don't know
- 9 Refuse to answer

Source : Inspirée de Hammond, D., et autres. International Cannabis Policy Study, 2018. Question adaptée par l'ISQ.

Filtre 14.

Si Q30 = $2,3,4 \rightarrow +1$ Sinon \rightarrow Q32

Q31 Currently, would you say that this happens more often, as often, or less often than before the beginning of the COVID-19 pandemic?

INSTRUCTION: In Québec, the COVID-19 pandemic began on March 13, 2020, with the declaration of a public health emergency throughout Québec.

- 1 More often
- 2 As often
- 3 Less often
- 8 Don't know
- 9 Refuse to answer

Source : Institut de la statistique du Québec, Enquête québécoise sur la santé de la population (EQSP), 2020-2021. Question adaptée par l'ISQ.

Section 3 – EFFECTS OF CANNABIS USE

Preamble 2 The next questions are about your cannabis use in the past 3 months.

Q32 During the past 3 months (90 days) how often did you use cannabis?

INSTRUCTION: Read all the response choices.

- 1 Never \rightarrow Q36
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source: World Health Organization. Alcohol, Smoking and Substance Involvement Screening Test (ASSIST). Question adapted by the ISQ.

Q33 During the past 3 months, how often have you had a strong desire or urge to use cannabis? INSTRUCTION: Read all the response choices.

- 1 Never
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source: World Health Organization. Alcohol, Smoking and Substance Involvement Screening Test (ASSIST). Question adapted by the ISQ.

Q34 During the past 3 months, how often has your use of cannabis led to health, social, legal or financial problems?

INSTRUCTION: Read all the response choices.

- 1 Never
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source: World Health Organization. Alcohol, Smoking and Substance Involvement Screening Test (ASSIST). Question adapted by the ISQ.

Q35 During the past 3 months, how often have you failed to do what was normally expected of you because of your use of cannabis?

INSTRUCTION: Read all the response choices.

- 1 Never
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source: World Health Organization. Alcohol, Smoking and Substance Involvement Screening Test (ASSIST). Question adapted by the ISQ.

Q36 During your lifetime, has a friend or relative or anyone else ever expressed concern about your use of cannabis?

INSTRUCTION: Read all the response choices.

- 1 No, never
- 2 Yes, but not in the past 3 months
- 3 Yes, in the past 3 months
- 8 Don't know
- 9 Refuse to answer

Source: World Health Organization. Alcohol, Smoking and Substance Involvement Screening Test (ASSIST). Question adapted by the ISQ.

Q37 During your lifetime, have you ever tried and failed to control, cut down or stop using cannabis? INSTRUCTION: Read all the response choices.

- 1 No, never
- 2 Yes, but not in the past 3 months
- 3 Yes, in the past 3 months
- 8 Don't know
- 9 Refuse to answer

Source: World Health Organization. Alcohol, Smoking and Substance Involvement Screening Test (ASSIST). Question adapted by the ISQ.

Filtre 15.

Si Q10 = $1 \rightarrow +1$

Sinon Preamble 3

Q38 Currently, how often do you feel negatively judged by other people because you use cannabis? CONSIGNE: Lire tous les choix de réponse.

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never
- 5 I don't know
- 9 Refuse to answer

Source : Santé Canada. Enquête standard par panel de vapoteurs, 2020. Question adaptée par l'ISQ.

SECTION 4 – USE OF SUBSTANCES OTHER THAN CANNABIS

Preamble 3 The next questions are about your use of substances other than cannabis.

Q39 In the past 12 months, how often did you drink alcoholic beverages?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Never
- 2 Less than once a month
- 3 Once a month
- 4 2 to 3 times a month
- 5 Once a week
- 6 2 to 3 times a week
- 7 4 to 6 times a week
- 8 Everyday
- 98 Don't know
- 99 Refuse to answer

Source: Enquête sur la santé dans les collectivités canadiennes (ESCC), 2015-2016, question ALC_Q015.

Filtre 16.

Si Q10 = 1 ET Q39 = 2, 3, 4, 5, 6, 7, $8 \rightarrow Q40a$

Si Q10 = 1 ET Q39 = 1, 98, 99 \rightarrow Q40b

Si Q10 \neq 1 \rightarrow Preamble 4

Q40 In the **past 12 months**, how often did you use the following substances <u>in combination</u> with (that is, at the same time as) cannabis?

INSTRUCTION: Read all the response choices. Based on previous editions, it can be useful to repeat "in combination with cannabis" after naming the substance in question.

		Never	Rarely	Sometimes	Often	Always	Don't know	Refuse to answer
Q40a	Alcohol	1	2	3	4	5	8	9
Q40b	Tobacco or nicotine in all forms (smoked or in an e- cigarette, mixed with cannabis or not)	1	2	3	4	5	8	9
Q40c	Prescription opiates or opioids (prescribed for you or someone else) (e.g. oxycodone, Dilaudid®, morphine, Demerol, Fentanyl, drugs containing codeine.)	1	2	3	4	5	8	9
Q40d	Prescription stimulants (prescribed for you or someone else) (e.g. Ritalin®, Concerta®, Adderall®, Dexedrine)	1	2	3	4	5	8	9

		Never	Rarely	Sometimes	Often	Always	Don't know	Refuse to answer
Q40e	Prescription sedatives or tranquilizers (prescribed for you or someone else) (e.g. diazepam, lorazepam, Valium®, Ativan®, alprazolam, Xanax, clonazepam, Rivotril®)	1	2	3	4	5	8	9
Q40f	Antihistamine, cough control, decongestant or anti-nausea drug (e.g. Gravol®, Benadryl®, Sleep Aid, Sleep-EZE®, DM syrup, Sudafed®)	1	2	3	4	5	8	9
Q40g	Other illicit drug or substance	1	2	3	4	5	8	9

Source : Santé Canada. Enquête canadienne sur le cannabis, 2017. Question adaptée par l'ISQ.

Q41 In the past 12 months, did you use synthetic cannabinoids, meaning products such as Spice, K2 or Yucatan Fire?

CONSIGNE: Synthetic cannabinoids are manufactured in laboratories and are often sprayed onto dried plant material, mimicking certain effects of cannabis. These products may be called other names like AK-47, Mr. Happy, Scooby Snax, Kush, Kronic, etc., and usually contain molecules such as CP-55940, JWH-018, or HU-210.

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source : Institut de la statistique du Québec (ISQ), Enquête québécoise sur le cannabis, 2018.

SECTION 5 – GENERAL AND MENTAL HEALTH

Preamble 4 The next questions are about various aspects of your physical, mental and social health. They are asked of all participants, regardless of the answers provided up to this point.

Q42 In general, would you say your health is...?

INSTRUCTION: Read all the response choices.

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor
- 8 Don't know
- 9 Refuse to answer

Source: Enquête sur la santé dans les collectivités canadiennes (ESCC), 2015-2016, question HM_Q01.

Q43 How do you feel about your life as a whole right now using a scale of 0 to 10, where 0 means "Very dissatisfied" and 10 means "Very satisfied"?

Min = 0; Max = 10

- 8 Don't know
- 9 Refuse to answer

Source: Enquête sur la santé dans les collectivités canadiennes (ESCC), 2015-2016, question SLM_Q01. Question adaptée par l'ISQ.

Q44 In general, would you say your mental health is...?

INSTRUCTION: Read all the response choices.

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor
- 8 Don't know
- 9 Refuse to answer

Source: Enquête sur la santé dans les collectivités canadiennes (ESCC), 2015-2016, question GEN_Q015.

Let us now talk about the past month.

Q45 During the **past month**, about how often did you feel nervous? INSTRUCTION: Read all the response choices.

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler et al., 2003, Kessler Psychological Distress Scale (K6).

Q46 During the past month, about how often did you feel hopeless?

INSTRUCTION: Read all the response choices.

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler et al., 2003, Kessler Psychological Distress Scale (K6).

Q47 During the **past month**, about how often did you feel restless or fidgety? INSTRUCTION: Read all the response choices.

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler et al., 2003, Kessler Psychological Distress Scale (K6).

Q48 During the **past month**, about how often did you feel so depressed that nothing could cheer you up? INSTRUCTION: Read all the response choices.

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler et al., 2003, Kessler Psychological Distress Scale (K6).

Q49 During the **past month**, about how often did you feel that everything was an effort (so tired that everything was an effort)?

INSTRUCTION: Read all the response choices.

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler et al., 2003, Kessler Psychological Distress Scale (K6).

Q50 During the past month, about how often did you feel worthless?

INSTRUCTION: Read all the response choices.

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler et al., 2003, Kessler Psychological Distress Scale (K6).

Filtre 17.

Si répondu 1, 2 ou 3 à une des questions Q45 à Q50 \rightarrow Q51 Sinon \rightarrow Q52a

Q51 In your opinion, are these feelings in the past month completely, partially or not at all related to the COVID-19 pandemic?

- 1 Completely related to the COVID-19 pandemic
- 2 Partially related to the COVID-19 pandemic
- 3 Not at all related to the COVID-19 pandemic
- 8 Don't know
- 9 Refuse to answer

Source : Institut de la statistique du Québec, Enquête québécoise sur des conditions de travail, d'emploi, de santé et sécurité du travail (EQCOTESST), 2007-2008. Question adaptée par l'ISQ.

Q52 In the past 12 months and in the context of the COVID-19 pandemic, what has been your level of concern about the following?

INSTRUCTION: Read all the response choices.

		Very concerned	Moderately concerned	Slightly concerned	Not at all concerned	Refuse to answer
Q52a	Your financial situation	1	2	3	4	9
Q52b	Your own health	1	2	3	4	9

Source: Inspirées de Dumont L. et autres. COVID-19 and Stress, 2020. Questions adaptées par l'ISQ.

Q52c In the **past 12 months** and in the context of the COVID-19 pandemic, what has been your level of concern about **the health of someone close to you?**

INSTRUCTION: Read all the response choices.

- 1 Very concerned
- 2 Moderately concerned
- 3 Slightly concerned
- 4 Not at all concerned
- 5 Not applicable, does not have any close relatives
- 9 Refuse to answer

Source: Inspirées de Dumont L. et autres. COVID-19 and Stress, 2020. Questions adaptées par l'ISQ

Q52d In the **past 12 months** and in the context of the COVID-19 pandemic, what has been your level of concern about **keeping your job or continuing your studies**?

INSTRUCTION: Read all the response choices.

- 1 Very concerned
- 2 Moderately concerned
- 3 Slightly concerned
- 4 Not at all concerned
- 5 Not applicable, does not work or does not study
- 9 Refuse to answer

Source: Inspirées de Dumont L. et autres. COVID-19 and Stress, 2020. Questions adaptées par l'ISQ.

Q52e In the past 12 months and in the context of the COVID-19 pandemic, what has been your level of concern about your ability to maintain a balance between child care, your children's schooling, and your work? INSTRUCTION: Read all the response choices.

- 1 Very concerned
- 2 Moderately concerned
- 3 Slightly concerned
- 4 Not at all concerned
- 5 Not applicable, does not have dependent children
- 9 Refuse to answer

Source: Inspirées de Dumont L. et autres. COVID-19 and Stress, 2020. Questions adaptées par l'ISQ.

Q53 In the past 12 months and in the context of the COVID-19 pandemic, how often have you felt...? INSTRUCTION: Read all the response choices.

		Hardly ever	Some of the time	Often	Don't know	Refuse to answer
Q53a	that you lacked companionship?	1	2	3	8	9
Q53b	left out?	1	2	3	8	9
Q53c	isolated from others?	1	2	3	8	9

Source: Hughes M. E. et autres (2004). « A short scale for measuring loneliness in large surveys. Results from two population-based studies ». Research on Aging, vol. 26, n° 6, mai, p. 655-672.

Message de fin de section CATI:

We are aware that our questionnaire deals with topics that can be difficult for some people. If you need help, you can call 811, the Info-Social number. This service is free and is available from anywhere in Québec, 24/7.

Message de fin de section CAWI:

This questionnaire deals with topics that could be difficult for some people. If you need help, you can call 811, the Info-Social number. This service is free and is available from anywhere in Québec, 24/7.

SECTION 6 - RESPONDENT'S PROFILE

Preamble 5 We are now coming to the last part of the questionnaire. Your answers will be used solely for statistical purposes.

Q54a Were you born in Canada?

- 1 Yes \rightarrow Q55
- 2 No
- 8 Don't know \rightarrow Q55
- 9 Refuse to answer \rightarrow Q55

Q54b How many years have you lived in Canada?

INSTRUCTION: Read all the response choices.

- 1 Less than 5 years
- 2 5 to 10 years
- 3 More than 10 years
- 8 Don't know
- 9 Refuse to answer

Q55 What language do you speak most often at home?

INSTRUCTION: If you speak two languages equally as often, check both answers.

- 1 French
- 2 English
- 3 Other
- 8 Don't know
- 9 Refuse to answer

Q56 Including yourself, how many people live in your household? Please include all persons living at least 40 % of the time in the household.

INSTRUCTION: "40% of the time" means that they live with you, for example, every other week OR about 3 days a week OR 6 days every 2 weeks OR 12 days a month OR 5 months of the year. This excludes children who are only there every other weekend. In the case of a child in shared custody, consider how much time the child really lives in your home and not what the legal judgment says.XXXXX

Specify, between 1 and 20

- 98 Don't know
- 99 Refuse to answer

Filtre 18.

Si Q56=
$$1 \rightarrow$$
 Q57 = $1 \rightarrow$ Q58
Sinon \rightarrow +1

Q57 Which type of situation best describes the current composition of your household (home)? INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Person lives alone in the household [Choix sélectionné automatiquement si Q56 = 1]
- 2 Couple without children in the same home [Choix n'apparaissant pas si Q56 >2]
- Couple with a child or children in the same home [Choix n'apparaissant pas si Q56 =2]
- 4 Single-parent family (children of any age)
- 5 Family with other people (relatives or non-relatives) [Choix n'apparaissant pas si Q56 = 2]
- 6 Related persons only (brothers, sister, etc.)
- 7 Unrelated persons only (roomates)
- 8 Other (multiple families, etc.)
- 98 Don't know
- 99 Refuse to answer

Q58 What is the highest level of education you have completed?

INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category. If you have a degree or diploma from another country, choose its equivalent in the Québec school system.

- 1 Elementary education or less (7th grade or less)
- 2 Partial high school education (8th, 9th, 10th or 11th Grade, incomplete classical education/Rudiments of Latin, Syntax, Method, Versification)
- 3 High school diploma (12th Grade, incomplete classical education/Literature, Rhetoric, Philosophy I)
- 4 Trade school or vocational school diploma
- 5 Business college diploma
- 6 CEGEP diploma (completed classical education/Philosophy II/Bachelor of arts/Normal School)
- 7 Undergraduate diploma or degree (certificate, minor, major, bachelor's degree)
- 8 Master's degree, Ph.D., graduate diploma
- 9 Other
- 98 Don't know
- 99 Refuse to answer

Q59 In the past 12 months, what was your main occupation?

CONSIGNE : Lire tous les choix de réponse. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 A full-time worker
- 2 A part-time worker (less than 30 hours)
- 3 Student
- 4 Retired
- 5 At home (keeping house)
- 6 On maternity or paternity leave
- 7 On unemployment insurance
- 8 On social welfare insurance
- 9 On disability or sick leave
- 10 Other
- 98 Don't know
- 99 Refuse to answer

Filtre 19.

Si Q59 \neq 1,2 \rightarrow +1

Sinon Filtre 20

Q60 In the past 12 months, have you worked as an employee or been self-employed, regardless of the number of hours?

INSTRUCTION: Here, we are talking about paid work, both reported and unreported. This excludes volunteering. Answer "yes" if you were on vacation, parental leave, sick leave, injury-on-duty leave, on strike or locked out.

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Filtre 20.

Si Q60 = 1 OU si Q59 = $1,2 \rightarrow +1$ Sinon Q62

Q61 In the past 12 months, how has the COVID-19 pandemic affected your employment or work situation?

		Yes	No	Don't	Refuse to
Q61a	I lost my job	1	2	know 8	answer 9
Q61b	I closed my business temporarily or permanently	1	2	8	9
Q61c	I experienced a period of job loss or temporary layoff	1	2	8	9
Q61d	My working hours have been reduced	1	2	8	9
Q61e	My working hours have been increased	1	2	8	9
Q61f	I have been assigned duties other than those I normally perform in my job	1	2	8	9
Q61g	I have been absent from work for other reasons related to COVID-19 (e.g. personal safety; diagnosis received by me or a family member; isolation after travelling; taking care of children because of the lockdown)	1	2	8	9
Q61h	I have had to work from home (because of COVID-19)	1	2	8	9
Q61i	I have not been able to start a new job (delayed start)	1	2	8	9
Q61j	My work situation has changed in another way because of the COVID-19 pandemic (do not take into account changes in health rules)	1	2	8	9

Source : Inspirées de Environmental influences on Child Health Outcomes (ECHO), COVID-19 Questionnaire - Adult Primary Versino, ECHO-wide Cohort Version 01.30. 2020. U.S. National Library of Medicine Question adaptée par l'ISQ

There continues to be an important link between income and health. We would appreciate if you respond to the following question which would allow us to study this relationship.

Q62 For the past 12 months, what was the approximate total income (gross income), from all sources before taxes and other deductions, of all the members of your household? Don't forget to include all amounts including Canada child benefits, investment income, etc.

The respondent provides an answer → Q63a

9999998 Don't know 9999999 Refuse to answer

Q62a Could you then indicate in which of the following categories your household income was in? INSTRUCTION: Read all the response choices. If the respondent interrupts you while you are reading the choices, validate the category.

- 1 Less than $$10,000 \rightarrow Q63a$
- 2 $$10,000 \text{ to less than } $20,000 \rightarrow Q62b$
- 3 \$20,000 to less than \$30,000 \rightarrow Q62c
- 4 $$30,000 \text{ to less than } $40,000 \rightarrow Q62d$
- 5 \$40,000 to less than \$50,000 \rightarrow Q63a
- 6 \$50,000 to less than $$60,000 \rightarrow Q63a$
- 7 \$60,000 to less than $\$80,000 \rightarrow Q63a$
- 8 \$80,000 to less than $$100,000 \rightarrow Q63a$
- 9 \$100,000 to less than \$120,000→ Q63a
- 10 \$120,000 to less than $$140,000 \rightarrow Q63a$
- 11 $$140,000 \text{ or more} \rightarrow Q63a$
- 98 Don't know → Q63a
- 99 Refuse to answer→ Q63a

Q62b Is it more than \$15,000?

- 1 Yes→ Q63a
- 2 No→ Q63a
- 8 Don't know→ Q63a
- 9 Refuse to answer→ Q63a

Q62c Is it more than \$25,000?

- 1 Yes→ Q63a
- 2 No \rightarrow Q63a
- 8 Don't know→ Q63a
- 9 Refuse to answer→ Q63a

Q62d Is it more than \$35,000?

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Q63a Is your postal code <CPP>?

- 1 Yes \rightarrow End
- 2 No, correct it (6 characters Q63ACPP, sinon Q63B)→ End (once corrected)
- 8 Don't know (6 characters Q63ACPP, sinon Q63B)→ End (once corrected)
- 9 Refuse to answer (6 characters Q63ACPP, sinon Q63B)→ End (once corrected)

Q63b Could you then provide the first three digits of your postal code?s

- 1 The respondent can give the first 3 digits
- 2 The respondent cannot or refuses to give the first 3 digits of the postal code