Québec Health Survey of High School Students 2010-2011 (QHSHSS)

Questionnaire #1

Contents of the questionnaire and copyright

The 2010-2011 QHSHSS questionnaire was developed in collaboration with experts in the health and social services sector. Many questions were taken from the *California Healthy Kids Survey* as well as from the *Enquête sociale et de santé auprès des enfants et des adolescents québécois 1999* (Health and Social Survey of Quebec Children and Adolescents 1999) of the Institut de la statistique du Québec (ISQ). In general, the exact wording of the questions was maintained to ensure comparability of the data among surveys. However, occasionally the wording was adapted with the permission of the copyright holder.

Therefore, questions which have already been validated or derived from other population surveys have been given priority. A number of topics are being studied for the first time. To this end, new questions have been suggested by the ISQ, the ministère de la Santé et des Services sociaux, members of the project steering committee and various experts. The questions specifically designed for this survey have been approved by the ISQ and the ministère de la Santé et des Services sociaux.

To see who holds the copyright and the way to communicate the sources of the questions, please refer to the "Methodological Aspects" (*Aspects méthodologiques*) sections in each of the chapters of Volume 1 (Tome 1) (Pica et autres, 2012) and Volume 2 (Tome 2) (Pica et autres, 2013) of the QHSHSS report.

Bibliography

PICA, Lucille A., Issouf TRAORÉ, Francine BERNÈCHE, Patrick LAPRISE, Linda CAZALE, Hélène CAMIRAND, Mikaël BERTHELOT, Nathalie PLANTE et autres (2012). L'Enquête québécoise sur la santé des jeunes du secondaire 2010-2011. Le visage des jeunes d'aujourd'hui : leur santé physique et leurs habitudes de vie, Tome 1, Québec, Institut de la statistique du Québec, 258 p.

PICA, Lucille A., Issouf TRAORÉ, Hélène CAMIRAND, Patrick LAPRISE, Francine BERNÈCHE, Mikaël BERTHELOT, Nathalie PLANTE et autres (2013). *L'Enquête québécoise sur la santé des jeunes du secondaire 2010-2011. Le visage des jeunes d'aujourd'hui : leur santé mentale et leur adaptation sociale*, Tome 2, Québec, Institut de la statistique du Québec, 141 p.

Question common to both questionnaires

Instructions on filling out this questionnaire

This questionnaire covers topics related to your mental and physical health, your lifestyle, your social and intimate relationships, your environment at home and at school, etc. Your answers will help decision-makers design policies and programs for Québec's youth.

THERE ARE NO RIGHT OR WRONG ANSWERS

THIS QUESTIONNAIRE IS NOT AN EXAM

No one from your school will be able to see any of the answers you give.

The *Institut de la statistique du Québec* (ISQ) (Québec Institute of Statistics) guarantees the confidentiality of all the information that you will provide in this survey in accordance with the provisions of the "Act respecting the Institut de la statistique du Québec" and the "Act respecting Access to documents held by public bodies and the protection of personal Information."

By filling out this questionnaire, you agree that the data collected in this survey by the ISQ can be transferred to the *ministère de la Santé et des Services sociaux du Québec* (Québec Ministry of Health and Social Services) and to the *Institut national de santé publique du Québec* (Québec Institute of Public Health). The data that will be transferred will not contain any information that can directly identify you.

- Don't enter your name in the questionnaire.
- <u>Carefully read</u> the questions and choices of answers.
- Please give only one answer per question, unless requested otherwise.
- ◆ To answer : Indicate your response by clicking in the small circle ○

OR

Where requested, write your answer on the line or in the appropriate cell using the computer keyboard.

Are you ready? Let's start!

General Information

[Réponse à la SD9.1 sert de validation pour plusieurs questions]

0	11 years or younger	
O	12 years	
O	13 years	
O	14 years	
0	15 years	
0	16 years	
0	17 years	
0	18 years	
0	19 years or older	

(SD9.2) What is your sex?

(SD9.1) How old are you?

- O Male
- O Female

(SD9.3) What grade level are you in?

If you are taking courses in more than one level, indicate the level in which you take the most courses.

- O Secondary 1
- O Secondary 2
- O Secondary 3
- O Secondary 4
- O Secondary 5

(SD9.4) What is your postal code?

If you do not know your postal code, you can find it by looking at your student card.

(SD12.1) With whom do you usually live?

O	With my two parents (biological or adoptive)
O	With my mother only
O	With my mother and her partner
O	With my father only
O	With my father and his partner
O	As much with my mother as with my father
O	Other (guardian, foster family, group home, co-tenant or roommate, etc.)
	Please specify:[Max 100
car	actères)]

About your health

(HV8.1) In general, would you say your health is
O	Excellent
•	Very good
•	Good
•	Fair
•	Poor
•) How tall are you (without shoes on)? te your height if you are not certain.
	et: feet inch(es) [Pieds : min 2, max 7. Si 2 pieds, pouces : min 7, max 11, 8-4-5-6 pieds, pouces : min 0, max 11, Si 7 pieds, min : 0 max 7]
Or In m	eter(s):
	meter(s) centimeter(s) [Mètres : min 0, max 2. Si 0 mètre, cm : min max 99. Si 1 mètre, cm : min 0, max 99, Si 2 mètres, cm : min 0, max 31]
[Co	nvertir automatiquement les mesures.]
•) How much do you weigh? te your weight if you are not certain.
In p	oounds: pounds [Continu : Min 50, Max 350]
or	
In k	kilograms: kilograms [Continu : Min 23, Max 159]
[Con	vertir automatiquement les mesures.]

About you and your school

(SM_E-2) Do you like school?

- O I don't like school at all
- O I don't like school
- O I like school
- I like school very much

(SM_E-3) In terms of your school marks, how would you rate yourself compared with other students your age at your school?

- I am one of the weaker students
- O I am weaker than the average student
- O I am an average student
- O I am stronger than the average student
- I am one of the stronger students

(SM_E-4) How important is it for you to get good marks?

- O Not important at all
- Somewhat important
- O Important
- O Very important

(SM_E-5a) During this school year, what is your average mark in English Language Arts (to the best of your knowledge)?

- O 0 to 35%
- **O** 36 to 40%
- O 41 to 45%
- **Q** 46 to 50%
- O 51 to 55%
- O 56 to 60 %
- O 61 to 65%
- O 66 to 70%
- O 71 to 75%
- O 76 to 80%
- O 81 to 85%
- O 86 to 90%
- **O** 91 to 95%
- **9**6 to 100%
- O I'm not taking English Language Arts this school year

(SM_E-5b) During this school year, what is your average mark in mathematics (to the best of your knowledge)?

	\mathbf{O}	0 to 35%
	\mathbf{O}	36 to 40%
	O	41 to 45%
	O	46 to 50%
	O	51 to 55%
	•	56 to 60 %
	\mathbf{O}	61 to 65%
	O	66 to 70%
	O	71 to 75%
	•	76 to 80%
	\mathbf{O}	81 to 85%
	•	86 to 90%
	•	91 to 95%
	O	96 to 100%
	O	I'm not taking mathematics this school year
'011	- 0\	
(SIVI	_E-6)	Have you ever repeated a year, in elementary or secondary school?
	0	No
	•	Yes, one year
	•	Yes, two years
	•	Yes, three years or more
		,
(SM	_E-7)	If it were only up to you, how far would you go with your schooling?
	•	I don't care
	0	I don't want to finish secondary school (high school)
	0	I want to finish secondary school (high school)
	0	, -
	$\mathbf{\mathcal{I}}$	I want to finish CEGEP or university

(SM_C-3a) Since September, at your school or on the way to and from school, have you experienced the following?

	Often	Sometimes	Never
SM_C-3a.1 You've been insulted or called names.	O	•	O
SM_C-3a.2 Someone has threatened to hit you or break something belonging to you.	0	0	O
SM_C-3a.3 You've experienced unwanted sexual touching or fondling.	O	O	O
SM_C-3a.4 You've been hit (beat up, punched, kicked, bullied) or pushed around violently.	0	0	O
SM_C-3a.5 You've been offered money to do bad or illegal things (for example rob, threaten or hit someone, etc.).	0	•	O
SM_C-3a.6 You've been "taxed" (someone has robbed you of money or personal possessions after threatening you).	0	0	O
SM_C-3a.7 You've been threatened or attacked by gang members.	O	0	O

(SM_C-3b) Cyber-bullying is when a person uses internet or cell phone technology to deliberately hurt another person. It means the mass distribution of images (photos or videos) or opinions. The origin is often anonymous.

(SM_C-3b.1) Since September, have you been a victim of cyber-bullying?

- O Yes
- O No [Passe à la question SM_D-1b]

(SM_C-3b.2) How often have you been a victim of cyber-bullying?

- Once
- O A few times
- O Often
- O Very often

About you

(SM_D-1b) For each of the following statements, indicate the degree to which you agree or disagree.

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
SM_D-1b.1 I think I'm someone who has something valuable to offer, at least as much as other people do.	•	•	O	O
SM_D-1b.2 I think I have a certain number of good qualities.	•	0	•	O
SM_D-1b.3 Everything considered, I tend to think I'm a failure.	0	0	0	O
SM_D-1b.4 I'm able to do things as well as other people my age.	0	0	•	O
SM_D-1b.5 There's little reason to be proud of myself.	0	0	0	O
SM_D-1b.6 I have a positive attitude towards myself.	0	•	•	O
SM_D-1b.7 Overall, I'm satisfied with myself.	0	0	0	O
SM_D-1b.8 I find it difficult to accept myself as I am.	0	0	0	O
SM_D-1b.9 Sometimes I think I'm really useless.	0	0	0	O
SM_D-1b.10 Occasionally, I've thought of myself as a good-fornothing.	0	•	•	O

(SM_D-4) How true do you feel these statements are about you personally?

	Not at All True	A Little True	Pretty Much True	Very Much True
SM_D-4.1 I can work out or solve my problems.	O	0	0	0
SM_D-4.2 I can do most things if I try.	0	•	O	•
SM_D-4.3 I feel capable of meeting challenges that I care about.	O	O	O	O
SM_D-4.4 I get easily discouraged when I have trouble with something.	O	0	O	O
SM_D-4.5 I often give up on an activity or project before finishing it.	O	O	O	O
SM_D-4.6 If I'm interested in an activity but it looks too complicated, I don't even bother trying.	O	O	O	O
SM_D-4.7 When I try to learn something new, I quickly give up if I'm not good at it right away.	O	O	O	Q

(SM_B-3) Read the following statements and choose the answer that best describes you.

	Never	Sometimes	Often
SM_B-3.1 I'm constantly moving around.	0	•	O
SM_B-3.2 I can't sit still, I'm restless.	O	O	O
SM_B-3.3 I'm impulsive, I act without thinking.	O	O	O
SM_B-3.4 I find it hard to wait for my turn in games or group activities.	0	0	O

Doctors and you

(SM_B-1) Do you have any of the following health problems that have been diagnosed or confirmed by a doctor or other health professional?

	Yes	No
SM_B-1.1 Food allergies	O	O
SM_B-1.2 Attention problems with or without hyperactivity	O	O
SM_B-1.3 Anxiety	O	O
SM_B-1.4 Depression	0	0
SM_B-1.5 Eating disorder (anorexia, bulimia)	0	O

(SM_B-2a) During the past 2 weeks, did you take medication <u>prescribed by a doctor</u> to treat depression or anxiety (ex. Celexa, Effexor, Paxil, Prozac, Luvox, Wellbutrin, Zoloft, Rivotril...)?

- O Yes
- O No

(SM_B-2b) During the past 2 weeks, did you take medication <u>prescribed by a doctor</u> to calm you or help improve your concentration (ex. Ritalin, Ativan...)?

- O Yes
- O No

About your friends and how you relate to others

How true do you feel these statements are about your friends?

(SM_H-1) I have a friend about my own age...

	Not at All True	A Little True	Pretty Much True	Very Much True
SM_H-1.1 Who really cares about me.	0	•	0	•
SM_H-1.2 Who talks with me about my problems.	O	O	O	O
SM_H-1.3 Who helps me when I'm having a hard time.	O	O	O	O

How true do you feel these statements are about your friends?

(SM_H-2) My friends...

	Not at All True	A Little True	Pretty Much True	Very Much True
SM_H-2.1 Get into a lot of trouble.	O	O	O	O
SM_H-2.2 Try to do what's right.	O	O	0	O
SM_H-2.3 Do well in school.	O	O	O	O

(SM_B-4b) Read the following statements and choose the answer that best describes you.

	Never	Sometimes	Often
SM_B-4b.1 I get into a lot of fights.	0	•	O
SM_B-4b.2 When I'm mad at someone, I try to get others to dislike him/her.	O	O	O
SM_B-4b.3 When I'm mad at someone, I become friends with somebody else as revenge.	0	O	O
SM_B-4b.4 When another young person accidentally hurts me, I assume that he/she meant to do it, and I react with anger and start a fight.	0	0	O
SM_B-4b.5 When I'm mad at someone, I say bad things behind his/her back.	O	O	•
SM_B-4b.6 I physically attack people.	O	O	O
SM_B-4b.7 I threaten people.	O	O	O
SM_B-4b.8 I'm cruel, I bully or I'm mean to others.	O	O	O
SM_B-4b.9 When I'm mad at someone, I say to others: let's not hang out with him/her.	0	0	O
SM_B-4b.10 I hit, kick or bite other people my age.	0	0	O
SM_B-4b.11 When I'm mad at someone, I tell that person's secrets to other people.	0	0	O

About your love relationships

(SM H-3a) Have you ever gone out with a guy or a girl?

Here, "gone out with" means spending intimate time with him or her. This may have lasted just one night or a couple of weeks, months or years.

- O Yes
- O No
 - \rightarrow [Si SD9.1 (âge) = 13 ans ou moins, passer à la section HV2.1 automatiquement]
 - → [Si SD9.1 (âge) = 14 ans ou plus, passer à la question HV_7.12]

(SM H-3b) During the past 12 months, did you go out with a guy or a girl?

- O Yes
- O No
 - \rightarrow [Si SD9.1 (âge) = 13 ans ou moins, passer à la section HV2.1 automatiquement]
 - → [Si SD9.1 (âge) = 14 ans ou plus, passer à la question HV_7.12]

The next two series of questions are similar in wording. The first series is about how you have behaved towards others; the second is about how others have behaved towards you.

(SM_B-5) Think about the guys or girls you went out with <u>during the past</u>
12 months. How many times did the following situations occur with one or more of these guys or girls?

	Never	Once	Twice	3 times or more
SM_B-5.1 I criticized him/her viciously about his/her physical appearance; I insulted him/her in front of people; I put him/her down.	O	•	•	0
SM_B-5.2 I controlled his/her outings, email conversations or cell phone; I prevented him/her from seeing his/her friends.	O	O	O	O
SM_B-5.3 I forced him/her to kiss or caress me when he/she didn't want to.	0	0	O	0
SM_B-5.4 I threw something at him/her which could have hurt him/her.	O	O	O	O

SM_B-5.5 I grabbed him/her (held him/her by the arms); I pushed him/her around; I shook him/her.	0	•	0	O
SM_B-5.6 I slapped him/her.	0	O	O	O
SM_B-5.7 I used my fists or feet, an object or a weapon to hurt him/her.	O	O	O	O
SM_B-5.8 I forced him/her to have sexual contact or sexual intercourse with me when he/she didn't want to.	O	O	O	O

(SM_C-4) Think about the guys or girls you went out with <u>during the past 12 months</u>. How many times did the following situations occur with one or more of these guys or girls?

	Never	Once	Twice	3 times or more
SM_C-4.1 He/she viciously criticized my physical appearance; he/she insulted me in front of people; he/she put me down.	O	O	O	O
SM_C-4.2 He/she controlled my outings, my email conversations or cell phone; he/she prevented me from seeing my friends	O	O	O	O
SM_C-4.3 He/she forced me to kiss or caress him/her when I didn't want to.	O	O	O	O
SM_C-4.4 He/she threw something at me which could have hurt me.	•	O	O	0
SM_C-4.5 He/she grabbed me (held me by the arms); he/she pushed me around; he/she shook me.	O	O	O	O
SM_C-4.6 He/she slapped me	O	O	0	O
SM_C-4.7 He/she used his/her fists or feet, an object or a weapon to hurt me	0	0	O	0
SM_C-4.8 He/she forced me to have sexual contact or sexual intercourse when I didn't want to.	•	O	O	O

- \rightarrow [Si SD9.1 (âge) = 13 ans ou moins, passer à la section HV2.1] automatiquement
- → [Si SD9.1 (âge) = 14 ans ou plus, passer à la question HV_7.12]

(HV7.12) In your lifetime, have you ever been forced to have sexual relations (oral, vaginal or anal) when you did not want to?

- O Yes, by another youth
- O Yes, by an adult
- O No

Physical activity during your leisure time

The following questions are about the <u>leisure-time physical activities</u> you engage in at home, at school or elsewhere: sports, outdoor recreation, physical conditioning, dance or simply walking.

They can involve activities in an organized context (with a monitor, coach, trainer or other person in charge) or a non-organized context (alone or with other people). Specialized programs (sports-studies, dance-studies, sports concentration or other) should also be indicated in your responses.

[Bulle rappel pour chaque question]

Note! You must exclude:

- your physical education classes;
- your active transportation (on foot, bicycle or other physical means) to get somewhere (to school, to work, to the store or another place);
- activities you do in the context of a paid job.

(HV2.1) During the school year, do you engage in these types of physical activity?

- O Yes
- O No [Passe à la question HV5.1]

(HV2.2) In general, during the school year, do you engage in these types of physical activity every week?

- O Yes
- O No [Passe à la question HV5.1]

(HV2.3) In general, during the school year, how many days a week do you engage in these types of physical activity?

- O 1 day a week
- O 2 days a week
- O 3 days a week
- 4 days a week
- 5 days a week
- 6 days a week
- O 7 days a week

(HV2.4) On a typical school day, how much time do you spend on these types of physical activity?

- O Less than 10 minutes
- O From 10 to 19 minutes
- O From 20 to 39 minutes
- O From 40 to 59 minutes
- O From 1 hour to 1 hour and 29 minutes
- O From 1 hour and 30 minutes to 1 hour and 59 minutes
- O 2 or more hours

(HV2.5) Most often, when you engage in these types of physical activity, is your level of effort...

- O Very low (Your breathing and heartbeat change very little)
- O Low (Your breathing and heartbeat increase slightly)
- O Moderate (Your breathing and heartbeat are <u>fairly rapid</u>)
- High (Your breathing and heartbeat are very rapid)

Your work experience during the school year

(HV5.1) Do you currently have a job in which you work for pay?

Including paid work for babysitting or for minor maintenance.

- O Yes
- O No

(HV5.2) Do you currently work for free (without pay) for the family business? For example, on the family farm, at the grocery store or "dépanneur" (convenience store), clinic or home office.

- O Yes
- O No

[Passer à HV5.3a si l'élève a répondu « oui » à la question HV5.1 et « non » à la question HV5.2]

[Passer à HV5.3b si l'élève a répondu « non » à la question HV5.1 et « oui » à la question HV5.2]

[Passer à HV5.3c si l'élève répondu « oui » à la question HV5.1 et « oui » à la question HV5.2]

[Passer à la question SM_D-6b si l'élève répondu « non » à la question HV5.1 et « non » à la question HV5.2]

NOTEZ:

Si HV5.1 = Oui et HV5.2 = Non

- Passez à HV5.3a
- Ensuite: Passez directement à HV5.5 (le répondant ne devrait pas répondre à la HV5.3b ou HV5.3c si HV5.1= Oui et HV5.2 = Non)

Si HV5.1 = Non et HV5.2 = Oui

- Passez à HV5.3b
- Ensuite: Passez directement à HV5.5 (le répondant ne devrait pas répondre à la HV5.3a ou HV5.3c si HV5.1 = Non et HV5.2 = Oui)

(HV5.3a) How many hours a week do you generally work for pay?

- O Less than 6 hours a week
- O 6 to 10 hours a week
- O 11 to 15 hours a week
- O 16 to 20 hours a week
- O 21 hours or more a week

•	5.3b) How many hours a week do you generally work for the family <mark>iness?</mark>
O	Less than 6 hours a week
0	6 to 10 hours a week
O	11 to 15 hours a week
O	16 to 20 hours a week
O	21 hours or more a week
•	5.3c) How many hours a week do you generally work for pay and for the ily business?
0	Less than 6 hours a week
0	6 to 10 hours a week
0	11 to 15 hours a week
0	16 to 20 hours a week
O	21 hours or more a week
(HV	5.5) What kind of work do you do most of the time?
O	Cook or assistant cook
O	Waitress or cashier in a restaurant
0	Dishwasher in a restaurant
\mathbf{C}	Work in a grocery store (or supermarket) or "dépanneur" (convenience store)
O	Work in a gas station
\mathbf{O}	Work in a store (ex. clothing, pharmacy, hardware, etc.)
O	Babysitting
O	Newspaper delivery

Please specify: _____ [max 70 caractères]

O Work on a farm or in the field of agriculture

Other

If you have more than one job, answer the following questions by thinking of the kind of work you do most of the time.

•	5.6) Did you receive any training on safety or possible dangers involved l or written) before starting this job?
•	Yes
O	No
(HV5	5.7) Have you ever been injured at this job?
0	Yes
•	No
•	5.8) Have you ever been in a "near miss" situation where you were almost ed at this job?
0	Yes
O	No
•	5.9) Has a co-worker (who does the same type of work) ever been injured he job?
O	Yes
O	No
O	I don't have colleagues at work who do the same type of work I do

About your behaviour and your attitudes

(SM_D-6b) How true do you feel these statements are about you personally?

	Not at All True	A Little True	Pretty Much True	Very Much True
SM_D-6b.4 I say inappropriate things.	O	O	O	0
SM_D-6b.5 I do certain things that are bad for me, if they are fun.	O	O	•	O
SM_D-6b.12 Sometimes I can't stop myself from doing something, even if I know it is wrong.	O	O	O	O
SM_D-6b.13 I often act without thinking through all the alternatives.	O	O	O	O

(SM_B-4c) During the past 12 months, about how many times...

	Never	Once or twice	3 or 4 times	5 times or more
SM_B-4c.1 Have you stayed out all night without permission?	0	•	0	0
SM_B-4c.2 Were you questioned by the police about something they thought you did?	0	O	O	0
SM_B-4c.3 Have you run away from home?	O	O	O	O
SM_B-4c.4 Have you stolen something from a school or store?	O	O	O	0
SM_B-4c.5 Have you damaged or destroyed something that didn't belong to you?	O	O	O	O
SM_B-4c.6 Have you fought with someone to the point where the person needed medical treatment for their injuries?	O	O	O	O
SM_B-4c.7 Have you fought with someone with the idea of seriously hurting him/her?	O	O	O	O

SM_B-4c.8 Have you carried a weapon for the purpose of defending yourself or using it in a fight?	O	•	0	0
SM_B-4c.9 Have you sold drugs?	O	O	O	O
SM_B-4c.10 Have you tried to sexually touch or fondle someone while knowing that they probably wouldn't want you to?	0	0	0	O

(SM_B-4d) During the past 12 months, did you belong to a gang which broke the law by stealing, hitting someone, committing vandalism, etc.?

- O Yes
- O No

Your eating habits

(HV4.1a) In general, how many days a week do you drink milk?

Including the milk you drink as a beverage or in cereals, coffee, tea or chocolate milk.

- O I never drink milk [Passe à la question HV4.2a]
- O I drink milk occasionally (ex. 1 to 3 times a month)
- O 1 day a week
- O 2 days a week
- O 3 days a week
- O 4 days a week
- O 5 days a week
- O 6 days a week
- O 7 days a week

A SERVING OF MILK IS		
1 cup of milk (250 ml)	ATT	

(HV4.1b) On the days you drink milk, how many servings do you <u>usually</u> have?

- O Less than 1 serving
- O 1 serving
- O 2 servings
- O 3 servings
- 4 servings or more

(HV4.2a) In general, how many days a week do you eat cheese?

Including cheddar cheese, mozzarella, feta, Gouda, cottage cheese or other.

- I never eat cheese [Passe à la question HV4.3a]
- O I eat cheese occasionally (ex. 1 to 3 times a month)
- O 1 day a week
- O 2 days a week
- O 3 days a week
- O 4 days a week
- O 5 days a week
- 6 days a week
- O 7 days a week

A SERVING OF CHEESE IS... 50 g of cheddar, mozzarella, feta, Gouda, etc. (or the equivalent of 4 dice) Ou 1 cup of cottage cheese (250 ml)

(HV4.2b) On the days you eat cheese, how many servings do you <u>usually</u> have?

- O Less than 1 serving
- O 1 serving
- 2 servings
- O 3 servings
- 4 servings or more

(HV4.3a) In general, how many days a week do you have yogurt?

Including yogurt in a container or that you can drink.

- O I never have yogurt [Passe à la question HV4.4a]
- O I have yogurt occasionally (ex. 1 to 3 times a month)
- O 1 day a week
- O 2 days a week
- O 3 days a week
- O 4 days a week
- O 5 days a week
- O 6 days a week
- O 7 days a week

A SERVING OF YOGURT IS		
³ ⁄ ₄ of a cup (175 g)	YOGOURT TO SOLUTION OF THE PROPERTY OF THE PRO	YOGOURT

(HV4.3b) On the days you have yogurt, how many servings do you <u>usually</u> have?

- O Less than 1 serving
- O 1 serving
- O 2 servings
- O 3 servings
- 4 servings or more

(HV4.4a) In general, how many days a week do you drink 100% pure fruit juice?

- O I never drink 100% pure fruit juice [Passe à la question HV4.5a]
- O I drink 100% pure fruit juice occasionally (ex. 1 to 3 times a month)
- O 1 day a week
- O 2 days a week
- O 3 days a week
- O 4 days a week
- O 5 days a week
- O 6 days a week
- O 7 days a week

A SERVING OF JUICE IS		
½ cup of juice (125 ml)		
or		
1/2 of a small container of juic	ce	

(HV4.4b) On the days you drink 100% pure fruit juice, how many servings do you <u>usually</u> have?

- O Less than 1 serving
- O 1 serving
- O 2 servings
- O 3 servings
- 4 servings
- O 5 servings
- O 6 servings
- 7 servings
- O 8 servings or more

(HV4.5a) In general, how many days a week do you eat fruit?

Including fresh fruit, frozen, canned and dried fruit.

- O I never eat fruit [Passe à la question HV4.6a]
- O I eat fruit occasionally (ex. 1 to 3 times a month)
- O 1 day a week
- O 2 days a week
- O 3 days a week
- O 4 days a week
- O 5 days a week
- O 6 days a week
- O 7 days a week

A SERVING OF FRUIT IS	
1 fresh fruit the size of a tennis ball or	
½ cup of canned fruit (in a tin or plastic container) (125 ml)	FRUITS
½ cup of dried fruit (60 ml)	RAIS RAISINS SECS

(HV4.5b) On the days you eat fruit, how many servings do you <u>usually</u> have?

- O Less than 1 serving
- O 1 serving
- O 2 servings
- O 3 servings
- 4 servings
- O 5 servings
- O 6 servings
- O 7 servings
- O 8 servings or more

(HV4.6a) In general, how many days a week do you eat vegetables?

Including vegetables that are fresh, frozen, canned or cooked, in salads or cut up, or that you drink as vegetable juice.

- O I never eat vegetables [Passe à la question HV4.7]
- O I eat vegetables occasionally (ex. 1 to 3 times a month)
- O 1 day a week
- O 2 days a week
- O 3 days a week
- 4 days a week
- O 5 days a week
- O 6 days a week
- O 7 days a week

A SERVING OF VEGETABLES IS	
½ cup of vegetables cut up in pieces (125 ml)	
or	
1 cup of salad (lettuce, fresh spinach, etc.) (250 ml)	
or ½ cup of vegetable juice (125 ml)	JUS DE LA ÉGUMES

(HV4.6b) On the days you eat vegetables, how many servings do you <u>usually</u> have?

- O Less than 1 serving
- O 1 serving
- O 2 servings
- O 3 servings
- 4 servings

•	1 glass							
O	2 glasses							
O	3 glasses							
0	4 glasses or more							
	.8) How often do you <u>usual</u> wing beverages?	<u>ly</u> eat th	ne follo	wing foo	ods and	l drink t	he	
		Never	Rarely	2 or 3 times a month	Once a week	2 to 6 times a week	Once a day	Twice or more a day
HV4.8a So Pepsi, etc	oft drinks (Coke, 7 UP, .)	O	O	O	•	O	O	•
	ruit-flavoured drinks (Fruit ush, Fruitopia, Five Alive, etc.)	O	O	O	O	O	O	0
HV4.8c Sponsored	ports drinks (Gatorade, G2, e, etc.)	O	O	O	O	O	O	O
	nergy Drinks (Red Bull, , Energy, Rush, Rock Star,	O	O	O	0	O	O	O

(HV4.7) How many glasses of water do you usually drink in a day?

glass of water equals a cup (250 ml) or half a bottle of water (individual size).

Include only water from a tap, bottled (unflavoured) or from a drinking fountain. A

O 5 servings

O 6 servings

O 7 servings

O None

O 8 servings or more

O Less than 1 glass

HV4.8e Snack foods (chips, Doritos, pop corn, Crispers, cheese puffs, etc.)	O	O	O	O	O	O	O
HV4.8f Sweets (candy, chocolate bars, Popsicles and other sweets, gumdrops, lollipops, etc.)	O	O	0	0	O	O	O

(HV4.10) In the past school week (Monday to Friday), how many times did you eat <u>in a restaurant or snack bar</u> foods like French fries, poutine, hamburgers, pizzas, pocket pizzas, chicken wings, fried chicken, hot dogs or pogos...

	Never	Once	Twice	3 times	4 times	5 times or more
HV4.10a For breakfast	O	O	O	O	O	O
HV4.10b For lunch	O	O	O	O	O	O
HV4.10c For supper	O	O	O	O	O	O
HV4.10d At another time during the day or evening	0	0	0	O	O	O

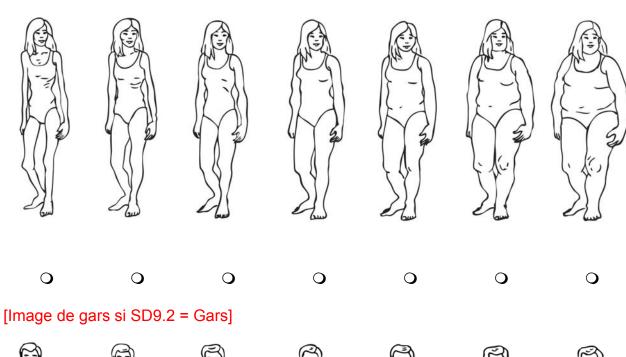
(HV4.11) During the past school week (Monday to Friday), how many days did you eat or drink something in the <u>morning</u> (including breakfast) before school began? Don't count coffee, tea or water.

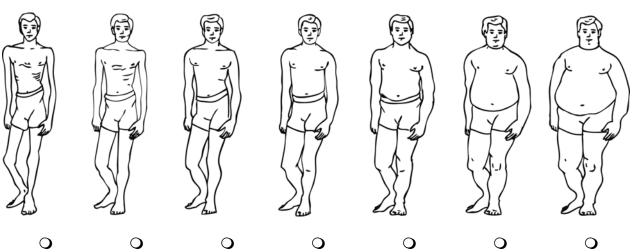
- O None
- O 1 or 2 days
- O 3 or 4 days
- O Every school day

How you perceive yourself

(HV3.3) Check the illustration which best corresponds to your current appearance.

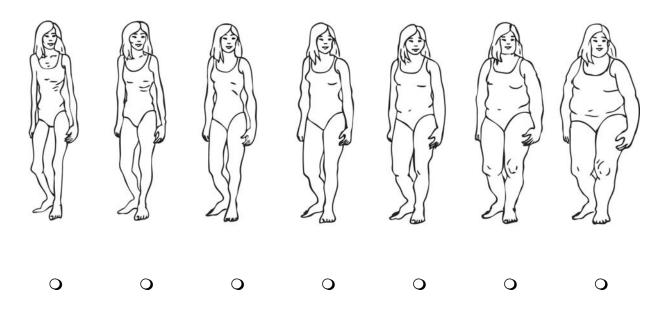
[Image de fille si SD9.2 = Fille]



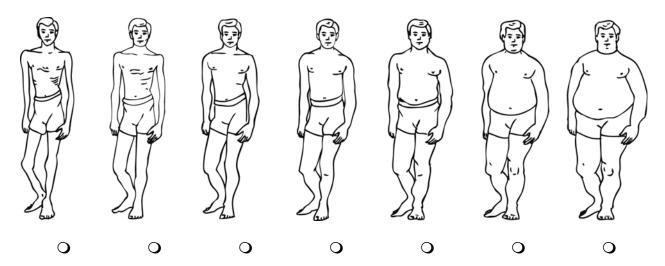


(HV3.4) Check the illustration which best corresponds to what you'd like to look like.

[Image de fille si SD9.2 = Fille]



[Image de gars si SD9.2 = Gars]



(HV3.5) Are you currently doing anything about your weight?

- I'm trying to lose weight.
- O I'm trying to maintain my weight at the same level.
- I'm trying to gain weight.
- O I am not doing anything about my weight.

(HV3.6) In the past 6 months, how many times have you tried one or more of the following methods in order to lose weight or maintain your current weight?

	Often	A few times	Rarely	Never
HV3.6a Following a diet (low-calorie, Weight Watchers, nutrition bars or soup diet, Minçavi, etc.)	•	0	0	O
HV3.6b Not eating for an entire day	•	O	0	O
HV3.6c Making yourself vomit, taking laxatives or diet pills	•	0	•	O
HV3.6d Reducing or eliminating sugar or fat in your diet (stop eating candy, dessert, chips, etc.)	•	0	0	0
HV3.6e Engaging in intensive training or exercise	•	O	0	O
HV3.6f Starting to smoke or going back to smoking	•	0	0	O
HV3.6g Skipping meals (breakfast, lunch or supper)	•	0	0	O
HV3.6h Other →Please specify:[Max 100 caractères]	O	O	O	O

Your dental health

(HV1.1) How often do you brush your teeth?

- O More than twice a day
- O Twice a day
- Once a day
- O Less than once a day but more than once a week
- Once a week
- O Less than once a week
- O Never

(HV1.2) How often do you use dental floss?

- O More than once a day
- Once a day
- O Less than once a day but more than once a week
- Once a week
- O Less than once a week
- O Never

Your respiratory health

•	.1) In the past 12 months, have you had wheezing or whistling sounds in hest?
\mathbf{O}	Yes
•	No [Passe à la question HV6.5]
•	.2) In the past 12 months, how many attacks of wheezing in the chest you had?
0	1 to 3 times
•	4 to 12 times
O	More than 12 times
•	.3) In the past 12 months, how often, on average, has your sleep been rbed by the wheezing in your chest?
O	Never
O	Less than one night a week
0	One or more nights a week
•	.4) In the past 12 months, has the wheezing ever been severe enough to your speech to one or two words at a time between breaths?
	Yes No
•	.5) In the past 12 months, has your chest sounded wheezy during or exercise?
	Yes
0	No
	.6) In the past 12 months, have you had a dry cough at night, apart from a h associated with a cold or chest infection?
•	Yes
	No

(HV	6.7) Have you ever had asthma?
0	Yes
O	No [Passe à la question HV7.0]
(HVe	6.8) Has your asthma been confirmed by a doctor?
O	Yes
O	No
O	Don't know
•	5.8a) In the past 12 months, have you had any asthma symptoms of ma attacks?
O	Yes No
•	6.8b) In the past 12 months, have you taken any medicine for asthma such halers, nebulizers, pills, liquids or injections?
O	Yes [Si oui, passe au menu déroulant ci-dessous]
	→
	O Everyday?
	Only when needed (when having an asthma attack)?
	O During periods when you risk having an attack (using medication for prevention)?
•	No

(HV6.9) What causes your asthma attacks?

	Yes	No
HV6.9a A cold or flu	O	O
HV6.9b Pets	O	O
HV6.9c Dust, feathers, wool or dust mites	O	O
HV6.9d Tobacco smoke	O	•
HV6.9e Pollen, trees, grass, hay or ragweed	O	O
HV6.9f Exercise or sports	O	O
HV6.9g Strong odours, perfumes or chemical products	O	O
HV6.9h Air pollution or smog	O	O
HV6.9i Humidity or mould	C	O
HV6.9j Air-conditioning	O	O
HV6.9k Stress or emotions	O	O
HV6.9I The cold (in winter)	O	O
HV6.9m Change of climate	0	0
HV6.9n Other Please specify: [Max 100 caractères]	•	0

About your sexual relations

[Si SD9.1 (âge) = 13 years ou moins, passer à la section HV8.2(t) automatiquement]

The following questions are about your sexual relations.
(HV7.0) Have you ever had sexual relations (oral, vaginal or anal) with your consent? O Yes O No [Passe à la question HV8.2(t)]
(HV7.0a) How old were you the first time you had sexual relations (with your
<mark>consent)?</mark> I was years old
Liste déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge
minimum = 1 an]
f you do not feel at ease in responding to other questions on this topic, you can go directly to the next section. [Bouton pour passer à la section HV8.2(t): Bouton: Go to next section]
Oral sex
(HV7.1) Have you ever had oral sex (contact of the mouth with the vulva or penis) with your consent?
YesNo [Passe à la question HV7.4]
(HV7.2) How old were you the first time you had oral sex (with your consent)? was years old
Liste déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge
minimum = 1 an]
(HV7.3) With how many different people have you had oral sex (with you
consent)?
O 1 person
O 2 people
O 3 people
O 4 people

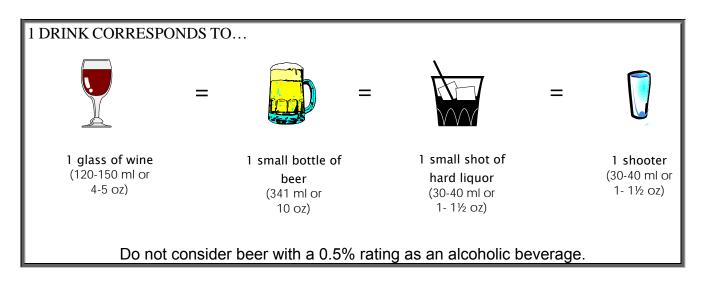
9	5 people
\mathbf{O}	6 people
\mathbf{O}	7 people
O	8 people
O	9 people or more
Vag	inal sex
•	7.4) Have you ever had vaginal sex (penetration of the penis into the na) with your consent?
_	
O	Yes
0	No [Passe à la question HV7.8]
(HV7	7.5) How old were you the first time you had vaginal sex (with your
-	sent)?
l wa	
	e déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge
11111111	mum = 1 an]
-	7.6) With how many different people have you had vaginal sex (with your
cons	sent)?
0	1 person
0	2 people
\mathbf{O}	3 people
•	4 people
\mathbf{O}	5 people
O	6 people
\mathbf{O}	7 people
0	8 people
O	9 people or more
(HV	7.7) The last time you had vaginal sex (with your consent), did you or your
-	ner use a condom?
O	Yes
0	No
_	
Ana	I sex
-	7.8) Have you ever had anal sex (penetration of the penis into the anus) your consent?
•	Yes
O	No [Passe à la question HV8.2(t)]

(HV	7.9) How old were you the first time you had anal sex (with your consent)?
l wa	s years old
	e déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge
mınıı	mum = 1 an]
(HV	7.10) With how many different people have you had anal sex (with your
•	sent)?
0	1 person
\mathbf{O}	2 people
\mathbf{O}	3 people
0	4 people
\mathbf{O}	5 people
\mathbf{O}	6 people
0	7 people
\mathbf{O}	8 people
\mathbf{O}	9 people or more
<u>/LI\/-</u>	7.44) The least time you had enclose (with your concept), did you are your
•	7.11) The last time you had anal sex (with your consent), did you or you <mark>r</mark> ner use a condom?
part	
\mathbf{O}	Yes
\mathbf{O}	No

Your experience with cigarettes

(HV	8.2(t)) Have you ever tried cigarette smoking, even just a few puffs?
0	Yes
0	No [Passe à la question HV J-3]
(HV	8.3(t)) Have you ever smoked <u>a whole cigarette?</u>
O	Yes
0	No [Passe à la question HV8.5(t)]
(HV	8.3a(t)) How old were you when you smoked your first whole cigarette?
	· · · · · · · · · · · · · · · · · · ·
	s years old
	e déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge mum = 1 an]
	<u> </u>
	8.4(t)) Have you smoked 100 or more cigarettes in your life? cigarettes = 4 packs of 25 cigarettes
100	cigarettes = 4 packs or 25 cigarettes
O	Yes
O	No
0	I don't know
(HV	8.5(t)) In the past 30 days, have you smoked cigarettes, even just a few
<mark>puff</mark>	s?
O	No, I haven't smoked in the past 30 days [Passe à la question (HV J-3)]
O	Yes, every day
O	Yes, almost every day
0	Yes, a few times (a few days)
	8.5a(t)) Still referring to the past 30 days: On the days you smoked, how
mar	ny cigarettes did you usually smoke?
0	Less than one cigarette a day (a few puffs a day)
O	1 to 2 cigarettes a day
\mathbf{C}	3 to 5 cigarettes a day
O	6 to 10 cigarettes a day
O	11 to 20 cigarettes a day
\mathbf{O}	More than 20 cigarettes a day

Your experience with alcohol



[À garder pour chaque question de la section HV_J]

(HV_J-3) In your lifetime, have you ever drunk alcohol that is, more than just a few sips?

- O Yes
- O No [Passe à la question HV J-7]

(HV_J-4) How old were you when you first had more than a sip or two of beer, wine, etc.?

I was _____ years old Liste déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge minimum = 1 an]

(HV_J-5) In the past 12 months, how often did you drink alcohol?

- O I didn't drink alcohol in the past 12 months [Passe à la question HV J-6C]
- O Just once to try
- O Less than once a month (occasionally)
- About once a month
- Weekends OR once or twice a week
- O 3 times or more a week BUT not every day
- O Every day

In the past 12 months, how many times have you...

		Not once	Once	Twice	3 times	4 times	5 to 10 times	11 to 25 times	26 or more times
HV_J-6	had 5 drinks or more of alcohol on the same occasion?	•	O	O	0	•	0	•	0
HV_J-6a	had 8 drinks or more of alcohol on the same occasion?	O	O	O	O	O	•	•	0

(HV	<mark>J-6</mark> b) In the past 30 days, did you drink alcohol?
	_	Yes
	O	No
	ning) In your lifetime, have you ever consumed alcohol on a REGULAR basis, AT LEAST ONCE A WEEK FOR AT LEAST ONE MONTH?
		Yes No → [Passe à la question HV_J-7]
) How old were you when you first drank alcohol on a REGULAR basis, AT LEAST ONCE A WEEK FOR AT LEAST ONE MONTH?
L	iste	years old déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge num = 1 an]

Your experience with drugs

(HV_J-7) In your lifetime, have you ever used drugs?

O Yes

O No [Si HV_J-5 = « I didn't drink alcohol », passe à la question SM_G-1] ou [Si HV_J-5 ≠ « I didn't drink alcohol », passe à la question HV_J-12]

(HV_J-8) How old were you when you first used drugs?

I was ____ years old Liste déroulante (âge en ordre décroissant) : [Continu : âge maximum = SD9.1, âge minimum = 1 an]

(HV_J-9) During the past 12 months, how often did you use each of the following drugs?

	l didn't	Just once to try	Less than once a month OR occasionally	About once a month	Weekends OR once or twice a week	3 or more times a week BUT not every day	Every day
HV_J-9.1 Cannabis (marijuana, pot, hashish, etc.)	O	•	0	O	O	O	O
HV_J-9.2 Cocaine (coke, snow, crack, free base, powder, etc.)	0	O	O	0	O	O	O
HV_J-9.3 Solvents, glue, gas, poppers, cleaners, nitrites, etc.	•	O	O	O	O	O	O
HV_J-9.4 Hallucinogens (LSD, acid, blotters, PCP, mescaline, mess, magic mushrooms, etc.)	O	0	•	O	O	0	O
HV_9.5 Ecstasy (E, XTC, X, pill, dove, love drug)	O	O	0	O	0	O	0
HV_J-9.6 Heroin (smack, junk, etc.)	O	O	O	O	O	O	O
HV_J-9.7 Amphetamines or methamphetamines (speed, uppers, meth, crystal, ice, peanut,	O	O	•	O	0	0	O

etc.)							
HV_J-9.8 Medication without a prescription (ex. Valium, Librium, Dalmane, Halcion, Ativan, Ritalin, Dilaudid, Codeine, Oxycontin, etc.)	O	O	O	O	O	O	O
[Ouvre une boîte;	si HV_J-9.8	n'égale p	<u>as</u> à « I did	n't », dema	ander :]		<u> </u>
HV_J-9.8p Please spe		me of the	medication				
prescription that you	ιοοκ:			L	100 caractè	eresj	
HV_J-9.9 Other drug (ex. Salvia, Spice, 2- CB, Nexus, Ketamine, GHB, etc.)	O	O	O	O	O	O	O
[Ouvre une boîte;	si HV_J-9.9	n'égale p	<u>as</u> à « I did	n't », dema	ander :]		
HV_J-9.9p Please spe	cify the na	me of the	drua (or dri	ugs) that v	ou		
took:			00 caractè				
[Si HV_J-9.1 à H (HV_J-10) <i>Ti</i> the past 30 d • Yes • No	ninking of lays, did yo	the drug(s ou use any	s) you chec of these d	ked in the rugs?	previous	· two pages:	
(HV_J-10a) I				_			sis,
meaning AT	LEAST ON	ICE A WEE	K FOR AT	LEAST ON	IE MONTH	<u>?</u>	
O Yes O No →	[Passe à la	question H	V_J-11]				
(HV_J-10b)	low old we	ere you wh	en you firs	t used dru	gs on a RE	GULAR bas	sis,
meaning AT			K FOR AT	LEAST ON	IE MONTH	?	
I was Liste déroula minimum = ^	ante (âge er		roissant) : [0	Continu : âç	ge maximun	n = SD9.1, â	ge

(HV_J-11) Have you ever used any drug by injection or needles?

- O Yes
- O No [Si HV_J-9.1 à HV_J-9.9 = « I didn't »] et [Si HV_J-5 = « I didn't drink alcohol », passe à la question SM_G-1]

(HV_J-12) During the past 12 months, have you ever been in any of the following situations?

		Yes	No
a)	My alcohol or drug use has had negative psychological effects on me (ex. anxiety, depression, problems concentrating, etc.)	O	•
b)	My alcohol or drug use has had negative effects on my relationships with my family	0	O
c)	My alcohol or drug use has had negative effects with my friends or in my love life	O	O
<mark>d)</mark>	My alcohol or drug use has had negative effects on my studies	0	O
e)	I committed a delinquent act (even if I wasn't arrested by the police) while under the influence of alcohol or drugs	O	O
f)	I have had the feeling as though the same quantities of alcohol or drugs were having less effect on me than they once had	O	O
g)	I have spoken with a healthcare worker or counsellor about my alcohol or drug use	O	O
h)	My alcohol or drug use has had negative effects on my health	•	O
i)	I have spent too much money on or lost too much money because of my alcohol or drug use	O	O

About your family environment

How true do you feel these statements are about your family environment?

(SM_G-1) In my home, there is a parent or some other adult...

	Not at All True	A Little True	Pretty Much True	Very Much True
SM_G-1.1 Who is interested in my school work.	0	O	O	O
SM_G-1.2 Who talks with me about my problems.	O	O	•	O
SM_G-1.3 Who listens to me when I have something to say.	O	O	O	O
SM_G-1.4 Who expects me to follow the rules.	O	O	O	O
SM_G-1.5 Who believes that I will be a success.	O	O	O	O
SM_G-1.6 Who always wants me to do my best.	O	O	O	O
SM_G-1.7 Who is affectionate with me (hugs me, smiles at me, gives me kisses).	O	0	•	O

How true do you feel these statements are about your family environment?

(SM_G-2) At home...

	Not at All True	A Little True	Pretty Much True	Very Much True
SM_G-2.1 I do fun things or go to fun places with my parents or other adults.	0	0	0	O
SM_G-2.2 I do things that help improve family life.	O	O	O	O
SM_G-2.3 I help make decisions with my family.	O	0	O	0

	_G-3a) In everyday life, do your parents know where you are when you a it home?	re
not (it nome:	
	O Never	
	O Occasionally	
	O Often	
	O Always	
(SM _.	G-3b) In everyday life, do your parents know who you are with when yo	<mark>u</mark>
are i	oot at home?	
	O Never	
	O Occasionally O Often	
	O Often O Always	
	Always	
-	3.1) What is the highest level of education your mother (or the adu	ılt
won	an responsible for you) has achieved?	
0	Elementary	
0	High school or secondary school (did not finish)	
0	High school or secondary school (graduated)	
O	CEGEP, technical or vocational school, private commercial college or other	
O	University	
O	Other	
	Please specify: [Max 50 caractères)]	
	[wax 50 caracteres)]	
0	I don't know	
0	Not applicable (no mother or adult woman responsible for me)	
<u>(SD/</u>	3.2) What is the highest level of education your father (or the adult ma	n
-	onsible for you) has achieved?	····
O	Elementary	
O	High school or secondary school (did not finish)	
0	High school or secondary school (graduated)	
0	CEGEP, technical or vocational school, private commercial college or other	
0	University	
O	Other	
	Please specify:	
	[Max 50 caractères]	

•	I don't know
•	Not applicable (no father or adult man responsible for me)
(SD1	3.3) What is the main occupation of your mother (or the adult woman
resp	onsible for you)?
0	She works full time (30 hours or more a week)
	This includes being self-employed (at home or elsewhere)
0	She works part-time (less than 30 hours a week)
	This includes being self-employed (at home or elsewhere)
O	She's at school
O	She's unemployed (or is looking for a job)
O	She's a homemaker (stay-at-home mom or housewife)
O	She's retired, on maternity leave or on sick leave
O	Other
	Please specify:
	[Max 70 caractères]
0	Not applicable (no mother or adult woman responsible for me)
	3.4) What is the main occupation of your father (or the adult man onsible for you)?
O	He works full time (30 hours or more a week)
	This includes being self-employed (at home or elsewhere)
O	He works part-time (less than 30 hours a week)
	This includes being self-employed (at home or elsewhere)
0	He's at school
0	He's unemployed (or is looking for a job)
\bigcirc	He's a homemaker (stay-at-home dad or house husband)

O He's retired, on paternity leave or on sick leave

Please specify: ______
[Max 70 caractères]

O Not applicable (no father or adult man responsible for me)

O Other

(SD13.5) On average, would you say that you and your family are better off or worse off financially compared to your classmates?

- O Better off
- O Neither better nor worse off
- O Worse off

The last few questions

PLEASE NOTE!

If you live in a shared-custody situation (i.e. spending as much time with your mother as with your father), answer the following questions by thinking of your mother's household.

(SD13.7) Including yourself, how many people live in the household where you usually live?

- O I live alone
- We are 2 people
- We are 3 people
- We are 4 people
- O We are 5 people
- We are 6 people
- We are 7 people
- We are 8 people
- We are 9 people
- We are 10 or more people

(SD13.8) Including yourself (if you are under 18 years of age), how many children under 18 years of age (brother, sister, half-brother, half-sister...) live in the household where you usually live?

- O No children under 18 years
- 1 child under 18 years
- O 2 children under 18 years
- O 3 children under 18 years
- 4 children under 18 years
- O 5 children under 18 years
- O 6 children under 18 years
- O 7 children under 18 years
- O 8 or more children under 18 years

(SD13.9) How many rooms are there in the house or apartment where you usually live (including the basement, if there is one)?

Do not count the bathroom(s)

- **O** 1
- **O** 2
- **O** 3
- **O** 4
- **O** 5
- **O** 6
- **o** 7
- 8 C
- **O** 9
- O 10 or more

Comments

If you have any comments or suggestions about this questionnaire,					
please write them in the space provided below					

